

REMINISCITY

ReminisCITY is a **FREE** reminiscence programme for individuals with a diagnosis of dementia and their carers/family members, Our weekly sessions offer a safe space for participants to build relationships while utilising football to help them and their carers/ family members engage in various memory-sharing activities. The programme creates a dementia safe environment for participants to enjoy social and physical activity and it is now possible to book sessions for residential/nursing home groups!

SCAN THE QR CODE TO BOOK A SESSION



When

Tuesday's 11am - 12pm

EVERY TUESDAY

RUNS EVERY WEEK

**Find out more by visiting
mancity.com/citc**

****Please note, this programme is only
open to those who are UK based****

**FREE
For All**



**HEALTHY
PEOPLE**

For more information about our ReminisCITY programme, or if you would like to book, please contact Marcus Matthews (marcus.matthews@cityfootball.com) or scan the QR code to be added to our mailing list and informed about next sessions.



City in the
Community



Premier League
Fans Fund

@citcmancity

facebook.com/citcmancity

@citcmancity

linkedin.com/company/city-in-the-community