JOB DESCRIPTION

JOB TITLE: Lead Physiotherapist

DEPARTMENT: MCWFC/Medical & Sport Science

REPORTS TO: Head of Women’s Football

LOCATION: City Football Academy

DATE: February 2017

Job purpose
Contribute to the achievement of the aims and objectives of the Medical and Sport Science department through the delivery of best practice physiotherapy along the care pathways outlined & governed by the medical department.

Key responsibilities

- To assist in the delivery and development of world class clinical practice within the medical department MCWFC
- To assist in the development of evidence based protocols for all areas of physiotherapy within the MCWFC & associated teams using all available resources including the latest research and collaboration with clinical specialists.
- To contribute fully within the CPD programme of the department, through both participation and delivery of material & to the performance of MCFC Academy.
- Be actively involved in an interdisciplinary approach of working within the department that includes close links to all areas of the club.
- To maintain all legal and professional qualifications in relation to your position within the club
- To observe, monitor and react to the ever evolving world of Sports Medicine; keeping up to date with all current research developments and changes in professional regulations.
- To ensure the latest clinical, scientific and technical innovations to practice are incorporated into maintaining the highest level of care.
- As part of the Sports Medicine Department provide emergency aid cover for both training sessions and matches. To maintain up to date REMO accreditation to meet all legal requirements for this specific part of the role.
- To attend and professionally engage in the internal emergency aid training programme.
- To maintain detailed records for all activities in the department in accordance with relevant legislation, policies and procedures.
- To assist in the implementation of the departmental injury prevention protocols through assessment, analysis, delivery and auditing of collected data.
- To fulfil the role of a chartered physiotherapist in the assessment, diagnosis and rehabilitation of all injuries.

General responsibilities

- Compliance with Club policies
- Compliance with the Club’s health and safety procedures
- To undertake such other duties as may be reasonably expected
- To maintain professional conduct at all times
Key relationships

- Lead physiotherapist MCWFC
- Lead Sport Scientist and Strength and Conditioning Coach MCWFC
- Head of Performance Academy
- Head of Women’s Football
- Academy medical staff
- Head of Human Science
- MCWFC Coaching Staff
- All MCWFC & Academy players
- Medical and sports science staff
- Performance analysis team
- Player welfare team

Scope of job

This role will work across all functions of Manchester City Women’s Football including the Regional Talent Club. Flexible working may be required including evenings and weekends as well as the ability to travel.

Organisation chart
## Person Specification

Job Title: Lead Physiotherapist

Location: Academy Building

### Technical/work-based skills

**Essential**

- Excellent clinical reasoning skills
- Excellent range of clinical treatment skills
- Excellence in the understanding and delivery of rehabilitative medicine from plinth to pitch.
- Excellent understanding of the principles and delivery of injury prevention programmes and protocols.
- An excellent understanding of the principles of human performance and how they relate to clinical sports medicine.
- A learning pathway showing the development of a strong evolving clinical paradigm.
- Ability to lead group sessions and deliver gym and pitch based programmes to groups and individuals.
- Ability to develop productive relationships within the department, football club and with relevant individuals within the wider sports medicine community.
- Excellent problem solving and decision making skills.
- Ability to follow through actions and direction as directed by the head of Sports Medicine.

### General skills and attributes

**Essential**

- Set and maintain high standards of work performance and deliver quality consistently and efficiently
- Possessing communication skills that are clear, engaging and responsive.
- Have the ability to work in a fast moving environment.
- Establish relationships and influence key stakeholder groups.
- Managing change and embedding new ways of working.
- Demonstrate a good level of PC literacy.
- Analysis of data reports.

### Experience

**Essential**

- Significant experience working in a professional sporting club and working in an interdisciplinary sports science and medicine team.
- Significant experience in the delivery of injury diagnosis, treatment and prevention strategies within a sporting environment.

### Qualifications

**Essential**
• BSc(Hons) Physiotherapy
• HPC registered.
• Member of the CSP.
• Extensive injury screening, diagnostic, manual therapy and sports rehabilitation understanding.
• Extensive knowledge in injury prevention methods and recovery strategies.
• Evidence of an extensive and structured CPD portfolio – including post graduate qualifications showing a range of different clinical skills e.g. Manipulative Therapy, Movement Dysfunction Assessment, Real Time Ultrasound, Soft Tissue Mobilisation/Manipulation, Acute Injury Management, Acupuncture.